

Ronna Parsa, DO, QME – Orthopedic Surgeon

Long Beach Prime Medical Group

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Postdoctoral Training

Andrews Research and Education Foundation

James Andrews Orthopaedic Surgery Sports Medicine & Arthroscopy Fellowship
Gulf Breeze, FL

August 2016 – July 2017

Midwestern University

Orthopaedic Surgery Internship and Residency
Chicago, IL

July 2011 - June 2016

- John H. Stroger, Jr. Hospital of Cook County - *Trauma*
- Northwestern Memorial Hospital - *Hand and Upper Extremity*
- University of Chicago at Weiss Memorial Hospital - *Adult Reconstruction*
- Shriner's Hospital for Children – *Pediatrics, Spine*
- Advocate Christ Medical Center - *Trauma, Foot & Ankle, Pediatrics, Hand*
- Ingalls Memorial Hospital – *General, Spine, Sports Medicine, Adult Reconstruction*
- Franciscan St. James Hospitals – *General, Sports Medicine, Spine*
- Advocate Illinois Masonic Medical Center- *Trauma, General, Sports Medicine, Hand*
- Little Company of Mary Hospital - *General, Sports Medicine*

Education

Western University of Health Sciences, D.O., *with Honors*
Pomona, CA

August 2007 - May 2011

University of California, Santa Cruz, B.S., *magna cum laude*

Molecular, Cell and Developmental Biology (Highest Honors in Major)
Santa Cruz, CA

September 2003 - March 2007

Medical Licensures

State of California, Osteopathic Medical Board of California, *Active*

April 2017

State of Florida, Department of Health, Division of Medical Quality Assurance, *Active*

February 2016

State of Alabama, Alabama Medical Licensure Commission, *Active*

April 2016

State of Illinois, Department of Financial and Professional Regulation, *Inactive*

July 2011

Certifications

Board Eligible in Orthopaedic Surgery, American Osteopathic Board of Orthopaedic Surgery

June 2016

Advanced Cardiovascular Life Support Provider, Chicago, IL

May 2017

Advanced Trauma Life Support Provider, Chicago, IL

July 2014

Professional Society Memberships

- *Member*, Arthroscopy Association of North America (1 year)
- *Candidate Member*, American Orthopaedic Society for Sports Medicine (1 year)
- *Member*, American Academy of Orthopaedic Surgeons (5 years)
- *Member*, American Osteopathic Academy of Orthopedics (5 years)
- *Member*, American Osteopathic Association (9 years)
- *Member*, Phi Beta Kappa, National Honors Society (10 years)

Languages

- English, Farsi, and Spanish.

Honors and Awards

- *Orthopaedic Traveling Fellowship Award*, Health Volunteers Overseas. March 2016
- *President's Award*, Western University of Health Sciences. May 2011
- *Glasgow-Rubin Citation for Academic Achievement*, American Medical Women's Association. May 2011
- *National Dean's List*, Western University of Health Sciences. Spring 2011
- *National Dean's List*, Western University of Health Sciences. Fall 2010
- *National Dean's List*, Western University of Health Sciences. Spring 2010
- *National Dean's List*, Western University of Health Sciences. Fall 2009
- *National Dean's List*, Western University of Health Sciences. Spring 2009
- *National Dean's List*, Western University of Health Sciences. Fall 2008
- *National Dean's List*, Western University of Health Sciences. Spring 2008
- *National Dean's List*, Western University of Health Sciences. Fall 2007
- *Certificate of Recognition*, Red Cross. Cusco, Peru. July 2008
- *National Honors Society*, Phi Beta Kappa, University of California, Santa Cruz. June 2007

Administrative Services

- *Board Member*, Silver Service Children's Foundation. (2014 – 2016)
- *Chief Resident Physician*, Department of Orthopedic Surgery, Midwestern University. (2015 – 2016)
- *Fundraising Chairman*, Silver Service Children's Foundation. (2014 – 2015)
- *Treasurer*, Department of Orthopedic Surgery, Midwestern University. (2012 – 2014)
- *Vice President*, Sports Medicine Club, Western University of Health Sciences. (2008 – 2009)
- *Fundraising Chairman*, International Service Club, Western University of Health Sciences. (2008 – 2009)
- *Representative*, COMP Leadership Council, Western University of Health Sciences. (2008 – 2009)

Sports Team Coverage

- Tampa Bay Rays, Major League Baseball, Team Physician Consultant (2017)
- Pensacola Blue Wahoos, Double-A Cincinnati Reds Affiliate Minor League Baseball, Team Physician (2017)
- University of West Florida, NCAA Division II Football, Team Physician (2016)
- Crestview High School, 6A District Football, Head Team Physician (2016)

Local and International Service

- *Orthopaedic Traveling Fellow*, Health Volunteers Overseas. Managua, Nicaragua. (March 2016)
- *International Orthopaedic Volunteer*, Silver Service Children's Foundation. Cali, Colombia. (April 2015)
- *International Medical Exchange Student*, IFMSA. University of Tübingen, Germany. (July 2010)
- *International Medical Volunteer*, Red Cross. Cusco, Peru. (July 2008)
- *Medical Volunteer*, Montclair Clinic, Western University of Health Sciences. Pomona, CA. (2008 – 2009)
- *Medical Volunteer*, Pomona Community Health Action Team. Pomona, CA. (2007 – 2009)
- *Tutor*, Western University of Health Sciences. Pomona, CA. (2008):
 - Gross Anatomy, Head & Neck Anatomy, The Molecular and Cellular Basis of Medicine
- *Emergency Department Volunteer*, Dominican Hospital. Santa Cruz, CA. (2005 – 2007)
- *Volunteer*, Los Angeles Orthopaedic Hospital. Los Angeles, CA. (1999 – 2003)

Research and Publications

Andrews Research and Education Foundation

- *The Effects of Short-Term Exercise on Two Points of Care Blood Products*. Anz A, Matuska A. Manuscript submitted to AJSM
- *Prospective Long Term Analysis of Outcomes in Anterior and Posterior Labral Repairs in Athletes – A Comparison of Techniques*. Jordan SE, Ostrander RV, Andrews JR.
- *Environmental Mobilization of Peripheral Blood Progenitor Cells with Mechanized Exercise, Compression, and Cooling. The VASPER Study*. Anz A, Rodriguez JP, Morris A.
- *Blumensaat's Line: An Anatomic Study for Preoperative Templating of Patellar Tendon Graft in ACL Reconstruction*. Roth C, Joyner P, Saper M.
- *Arthroscopic Findings Following Adipose Derived Stem Cell Injection: A Case Report*. Anz A, Morris A.
- *Osteochondral Allograft Transfer Outcomes In Multiply Operated Knee: A Case Report*. Andrews JR.

University of Illinois, Chicago

- *Return to Play Guidelines for Athletes After Anterior Cruciate Ligament Reconstruction*. Department of Orthopaedic Surgery. Guelich DR, Nam EK. (2014 – 2016)
- *Comparison of Anteromedial Portal versus Transtibial Femoral Reaming in Primary ACL Reconstruction Using Achilles Tendon Allografts*. Department of Orthopaedic Surgery. Guelich DR, Nam EK, Johnson J. Publication-ready manuscript. (2014 – 2016)
- *Modified Pemberton Surgical Technique and Case Series*. Department of Orthopaedic Surgery. Gourineni P. Manuscript submitted to JPO. (2013 – 2014)

Midwestern University

- *Hazards of Surgical Smoke and the Orthopedic Implications*. Department of Orthopaedic Surgery. Chicago, IL. Parsa R, Payne W, Dirig N. IJOS. 2015 Vol. 24:1. DOI: 10.5580/IJOS.31497
Poster presented at AOA Annual Conference. Rancho Palos Verdes, CA. Oct 2014.
- *Low-Grade Central Osteosarcoma of the Second Metatarsal in a 72 Year Old Male*. Parsa RS, Marcus M, Orlando R, Parsa C. *ISPub*. Dec 2013. Vol. 21:2.

Riverside County Regional Medical Center

- *Pediatric Supracondylar Humerus Fractures*. Department of Orthopaedic Surgery. Riverside, CA. Kawasaki E, Schlechter J. Poster presented at AOA Annual Conference. San Francisco, CA. Oct 2010.

University of California, Santa Cruz

- *C. elegans RPM-1 Regulates Axon Termination and Synaptogenesis through the Rab GEF GLO-4 and the Rab GTPase GLO-1*. Jin et al. *Neuron* 2007;55(4):587-601.
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